

PSYCHIATRIC TECHNOLOGY

This program is designed to prepare students to become Psychiatric Technicians who provide quality care to assist patients in attaining their maximum level of wellness. Graduates are eligible to take the state licensing examination. The program is accredited by:

California State Board of Vocational Nurses and Psychiatric Technicians
2535 Capitol Oaks Drive, Suite 205
Sacramento, CA 95833.

Students are admitted in the Fall and Spring semesters. Students must complete program prerequisites, support courses, required courses, and apply and be accepted to the program. To enroll in the program, students must pass a Livescan background check and meet the health requirements. California law allows for denial of the PT license based on any conviction or legal action related to PT practice.

Prerequisites for the Psychiatric Technology Program

- High school completion (official transcript or Diploma or G.E.D., AA Degree, BS Degree, or foreign graduate that has been evaluated by AERC (American Educational Research Corporation), or IERF (International Education Research Foundation), or World Education Services).
- Complete the following courses with a grade of C or higher:

Code	Title	Units
ENGL 101	College Composition	4
	or ENGL 101H College Composition - Honors	
PSYCH 100	General Psychology	3
	or PSYCH 100H General Psychology - Honors	
MATH 108	Introduction to Probability and Statistics	4
	or PSYCH 105 Statistics for the Behavioral Sciences	
Human Anatomy and Physiology - Select one series from the following:		
BIOL 155	Introductory Anatomy and Physiology ¹	4
BIOL 250 & BIOL 251	Human Anatomy and Physiology I and Human Anatomy and Physiology II	8
BIOL 260 & BIOL 261	Human Anatomy and Human Physiology	8

- Students have the option to enroll in PSYCH 110, PSYCH 111, or PSYCH 112 if PSYCH 100 or PSYCH 100H was completed more than 5 years ago.
- BIOL 155 and PSYCH 100 must be completed within 5 years of starting the program. Foreign transcripts must be evaluated for equivalency by an approved agency. See program Director/Department Chair.

¹ BIOL 155, BIOL 261 (<https://catalog.valleycollege.edu/search/?P=BIOL%20261>) (or BIOL 250 (<https://catalog.valleycollege.edu/search/?P=BIOL%20250>) & BIOL 251 (<https://catalog.valleycollege.edu/search/?P=BIOL%20251>)) must be taken within 5 years of application to the program; Fully online sciences will not be accepted. BIOL 250 (<https://catalog.valleycollege.edu/search/?P=BIOL%20250>) & BIOL 251 (<https://catalog.valleycollege.edu/search/?P=BIOL%20251>) must be completed at the same regionally accredited institution.

Application to the Psychiatric Technician

Applications to the Psychiatric Technician program may only be submitted when all program prerequisites have been completed. Applications must be submitted online via the link provided on the SBVC Psychiatric Technician webpage. The applications will be accepted March 1 – 15 for entry in the fall and September 1-15 for entry in the Spring. The application will not be accepted if falsification or inaccurate information is provided. Submit the following to Admission & Records prior to submitting the application:

- Official college transcripts from all colleges or universities attended except for SBVC or Crafton Hills College. Transcripts must be issued within the last 6 months and document that the program prerequisites have been completed. If transcripts are from a foreign country, they must be evaluated for equivalency - see Admission Clerk.
- High School completion document.

Acceptance Procedure

Effective Fall 2019 the Psychiatric Technology Program will select students through a point system. All prerequisites must be completed prior to applying, no exceptions. Once the application period has closed, the acceptance committee will review all completed applications. Students ranked with the highest points will then be selected for entry. Applicants will be notified via email and Canvas of their application status.

Contact Information

Department: Health and Life Sciences (HLS - 101)

Department Phone Number: (909) 384-4550

Director of Nursing and Associate Dean of Health Science: Denise Valle (dvalle@sbccd.edu), M.S.N. Ed., M.H.A., R.N.

Faculty Chair: Maria Valdez (mvaldez@sbccd.edu), M.A.

Counselor Liaisons: Elizabeth Banuelos (ebanuelos@sbccd.edu), M.S. and Erica Begg (ebegg@sbccd.edu), M.S.

- Psychiatric Technology Associate of Science Degree
- Psychiatric Technology Certificate of Achievement

PSYCH 084 19 Units

Introduction to Psychiatric Technology

Lecture: 225 contact hours

Lab: 351 contact hours

Limitation on Enrollment: Registration is limited to students who have completed program prerequisites and have been accepted into the Psychiatric Technology program.

This course is an introduction to psychiatric technology emphasizing basic therapeutic communication, pharmacology, growth and development, developmental disabilities, behavior modification, nutrition, and nursing care, including application of basic nursing skills to the care of clients with developmental disabilities.

Associate Degree Applicable

PSYTCH 085 12 Units

Psychiatric Technology: Nursing Science

Lecture: 135 contact hours

Lab: 243 contact hours

Prerequisite: PSYTCH 084

Limitation on Enrollment: Registration is limited to students who have completed the program prerequisites and have been accepted into the Psychiatric Technology program.

This course is the study of basic nursing science concepts and skills with emphasis on nursing care for pediatric, adult and geriatric clients with medical and surgical disorders. Application of theory to the care of physically ill clients in acute and long-term care agencies.

Associate Degree Applicable

PSYTCH 086 19 Units

Introduction to Psychiatric Technology: Behavioral Science

Lecture: 225 contact hours

Lab: 351 contact hours

Prerequisite: PSYTCH 084

Limitation on Enrollment: Registration is limited to students who have completed prerequisites and have been accepted into the Psychiatric Technology program.

This course is a study of psychiatric mental disorders with emphasis on causes, clinical manifestations, diagnosis, interventions and treatments. Included is the application of mental health theory to the basic nursing care of clients in acute, long-term care, and state mental health institutional settings.

Associate Degree Applicable

PSYTCH 601 Noncredit

Psychiatric Technician Licensure Exam Preparation

Lecture: 18 contact hours

This noncredit course prepares students that have completed or are nearing completion of the psychiatric technology program for the state administered licensing examination for psychiatric technicians. This course is also recommended for students who desire refresher training. Topics include, but are not limited to, nursing science – theory and techniques, basic nursing, developmental disabilities, medications, psychiatric mental health nursing. Also included are some basic test-taking techniques to increase proficiency on the state exam.