

# PSYCHOLOGY (PSYCH) COURSES

---

## PSYCH 100 3 Units

### General Psychology

**Lecture:** 54 contact hours

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course surveys the nature and scope of psychology as a science. The content focuses on the exploration of psychological theories, concepts, methods, and research findings in psychology. Topics include psychology research design, biological bases of behavior, perception, consciousness, cognition, learning, development, memory, personality, psychological disorders and therapeutic approaches, emotion, motivation, social psychology, and applied psychology.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 110

## PSYCH 100H 3 Units

### General Psychology - Honors

**Lecture:** 54 contact hours

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course surveys the nature and scope of psychology as a science. The content focuses on the exploration of psychological theories, concepts, methods, and research findings in psychology. Topics include psychology research design, biological bases of behavior, perception, consciousness, cognition, learning, development, memory, personality, psychological disorders and therapeutic approaches, emotion, motivation, social psychology, and applied psychology. This course is intended for students in the Honors Program but is open to all students who desire more challenging course work.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 110

## PSYCH 102 3 Units

### Personal and Social Adjustment

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course provides students with an applied focus on how psychology is used in everyday life and is related to other social sciences. This course examines a variety of psychological and theoretical perspectives and how these ideas are applied across a person's life taking into account the influence of factors such as culture, gender, ethnicity, historical cohort, and socio-economic status. A broad understanding of how scientists, clinicians, and practitioners study and apply psychology is emphasized.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 115

## PSYCH 105 4 Units

### Statistics for the Behavioral Sciences

**Lecture:** 72 contact hours

**Prerequisite:** MATH 095 or MATH 096

**Advisory:** PSYCH 100 or PSYCH 100H

This class focuses on statistics as applied to the social sciences and includes such topics as measurement, frequency distributions, measures of central tendency, measures of variability, the normal distribution curve, correlation, sampling, statistical inference, hypothesis testing and an introduction to analysis of variance.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** MATH 110/SOC125

## PSYCH 110 3 Units

### Abnormal Psychology

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course is an integrative survey of theory and research in abnormal behavior. The scientific study of psychopathology and atypical behaviors is explored. Abnormal behavior is investigated from a variety of perspectives including biological, psychological, and sociocultural approaches. Intervention and prevention strategies for psychological disorders are also introduced.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 120

## PSYCH 111 3 Units

### Developmental Psychology: Lifespan

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course is a survey of lifespan developmental psychology from conception through death, including biological and environmental influences. Theories and research on physical, cognitive, personality, and social development are examined, as well as attention to developmental disturbances and problems.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 180

## PSYCH 112 3 Units

### Developmental Psychology: Child and Adolescent Psychology

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course is a survey of the psychological growth of the normal individual from conception through adolescence with emphasis on stages of development. Particular emphasis is given to physical development, intellectual development, social and emotional development during the first two decades of life. Other topics include good and bad parenting styles and the potential problems encountered by children and adolescents.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**PSYCH 118 3 Units**

**Human Sexual Behavior**

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course provides an overview of the field of human sexuality through examining human sexuality from psychological, biological, sociocultural, and historical perspectives. Current sex norms and aspects of interpersonal and individual sexual adjustment will be explored. Students will be encouraged to develop an awareness of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 130

**PSYCH 141 3 Units**

**Introduction to Biological Psychology**

**Lecture:** 54 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course will introduce the scientific study of the biological bases of behavior and the role of the scientific method in neuroscience. Topics will include basic neuroanatomy and neurophysiology, nervous system structure and functions, hormonal and neurochemical mechanisms, brain-behavior relationships underlying movement, sensation, perception, learning, memory, consciousness, emotion, regulatory processes, and psychological disorders. Historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes will be addressed in this course. Ethical standards for human and animal research will be discussed in the context of both invasive and non-invasive experimental research.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 150

**PSYCH 201 4 Units**

**Research Methods for the Behavioral Sciences**

**Lecture:** 72 contact hours

**Prerequisite:** PSYCH 100 or PSYCH 100H and MATH 108 or PSYCH 105

**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course focuses on various research methods primarily used in the social sciences including such topics as research design, experimental procedures, descriptive methods, instrumentation, and the collection, analysis, interpretation and reporting of research data.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** PSY 200