

# HUMAN SERVICES (HUMSV) COURSES

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## **HUMSV 130 3 Units**

### **Introduction to Addiction Studies**

**Lecture:** 54 contact hours

**Advisory:** ENGL 101 or ENGL 101H as determined by the SBVC assessment process and READ 100.

This course provides an exploration of the psychological, sociological, and physical causes and effects of substance use disorder. Also included, are overviews of the biopsychosocial nature of addiction; the impact of addiction on children, families and society; contemporary treatment and prevention approaches; and the addiction counseling profession. (FORMERLY HUMSV 181)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 131 3 Units**

### **Co-Occur Disorders**

**Lecture:** 54 contact hours

**Advisory:** READ 100 and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course reviews the major concepts, definitions, and features of co-occurring mental health disorders associated with addiction. Skills in recognizing co-occurring disorders, referral and case management of clients, and appropriate scope of practice are emphasized. Common types of mental health issues associated with addiction, including mood, anxiety, and adjustment disorders, post-traumatic stress disorder, and unresolved issues of childhood abuse, are covered as well as an overview of appropriate treatment and management approaches. (Formerly HUMSV 281B)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 132 3 Units**

### **Diverse Populations**

**Lecture:** 54 contact hours

**Advisory:** READ 100 and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course explores the cultural impact of race, nationality, gender, sexual orientation, age, socio-economic status, and religion on substance use and access to treatment. The course will provide exposure to the fundamentals of cross-cultural counseling of individuals and families with substance use disorders, and common cultural barriers to traditional dependency counseling are examined.

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 133 3 Units**

### **Pharmacology**

**Lecture:** 54 contact hours

**Advisory:** HUMSV 130

The biological impact of alcoholism and other drug dependencies, with an emphasis on the treatment and recovery processes, and the role of medical professionals as members of the recovery team are reviewed in this course. (Formerly HUMSV 188)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 134 3 Units**

### **Family Dynamics of Addiction**

**Lecture:** 54 contact hours

**Advisory:** READ 100 and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course offers an overview of family dynamics associated with alcoholism and drug addiction; the impact of the diseases on family members; family oriented approaches to recovery; and the reintegration of the family into the community. (Formerly HUMSV 186)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 135 3 Units**

### **Prevention, Intervention and Recovery**

**Lecture:** 54 contact hours

**Advisory:** READ 100 and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course provides a comprehensive overview of theories and strategies for the prevention of substance use disorders. Primary, secondary, and tertiary and evidence-based prevention models will be introduced and assessed. Prevention programs and activities appropriate for the community, school, parents and family, and work-sites will be covered. Strategies such as education, public policies, media/information dissemination, ethnic, cultural, and gender-specific approaches, environmental risk reduction, and alternatives will be presented and assessed for their application to different target populations. (Formerly HUMSV 189)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 136 3 Units**

### **Addiction Studies: Basic Counseling I**

**Lecture:** 54 contact hours

**Prerequisite:** HUMSV 130 and HUMSV 179

This course is designed for students seeking a certificate in Addiction Studies. Included topics are the dynamics of the helping relationship, analysis and implications of common characteristics of substance dependent individuals, demonstration and practice of assessment, interviewing and referral techniques; and review of counseling skills and case management. (Formerly HUMSV 183)

**Associate Degree Applicable**

**Transfers to CSU only**

## **HUMSV 137 3 Units**

### **Addiction Studies: Group Counseling II**

**Lecture:** 54 contact hours

**Prerequisite:** HUMSV 136 and HUMSV 230 and HUMSV 232

This course is designed for students seeking a certificate in Addiction Studies, and includes practical implications and experience in various recovery and crisis intervention modalities; investigation of and experience in group dynamics; analysis and interpretation of critical aspects of counseling; analysis of the role of significant others in the recovery process; discussion of current treatment interventions; and the process of case management and record keeping. (Formerly HUMSV 184)

**Associate Degree Applicable**

**Transfers to CSU only**

**HUMSV 140 3 Units****Case Management in Public Service****Lecture:** 54 contact hours**Advisory:** ENGL 015 or eligibility for ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course provides an overview of the history, theories, skills and knowledge of case management in public social service settings. Topics include organizational structure, funding streams, regulatory issues, job descriptions, skills, personal qualities, evaluation, assessment and referral, employment services, and career paths. It is designed for students entering into the field of case management in public service.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 147 3 Units****Career Specialist****Lecture:** 54 contact hours**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course provides an introduction to the field of career counseling including interviewing techniques, assessment tools, job opportunities and models for developing occupational options.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 167 3 Units****Crisis Intervention****Lecture:** 54 contact hours**Advisory:** ENGL 015 or eligibility for ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

The course examines the history and definitions of crisis intervention. Practical application of intervention theories and models, interviewing techniques, referral procedures, and assessment are explained and demonstrated. Analysis of types of crises such as suicide, substance abuse and violence in the workplace; common dangers; and coping methods will be presented. Professional issues including legal and ethical issues, confidentiality, cultural sensitivity and burn out are also covered.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 170 3 Units****Introduction to Human Services****Lecture:** 54 contact hours**Advisory:** READ 015 or eligibility for READ 100 as determined by the SBVC assessment process.

This course is an exploration of the historical and theoretical perspectives of human services in response to social problems. Examination of legal, ethical and problem-solving models are presented and implications of ethnic, gender, and cultural diversity issues are discussed.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 172 3 Units****Group and Family Dynamics****Lecture:** 54 contact hours**Advisory:** ENGL 015 or eligibility for ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course offers a comprehensive study of the dynamics operating in groups and families including the identification of healthy versus dysfunctional groups/families; methods of intervention in dysfunctional groups/families; and the techniques of facilitating treatment groups.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 173 3 Units****Helping and Interpersonal Skills****Lecture:** 54 contact hours**Advisory:** ENGL 015 or eligibility for ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course offers a practical study of helping strategies and interpersonal skills. The focus is on the use of techniques to improve communication, better evaluate relationships, and resolve conflicts.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 179 3 Units****Law and Ethics****Lecture:** 54 contact hours**Advisory:** READ 100 and ENGL 101 or ENGL 101H as determined by the SBVC assessment process.

This course explores the legal, ethical, professional and personal issues involved in the treatment of substance use disorder. Emphasis is placed on professional responsibility and patient rights as well as issues of the work place and professional growth.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 187 1 Unit****Adult Children of Alcoholics****Lecture:** 18 contact hours

Overview of the problems experienced by adult children of alcoholics (ACA's) with particular emphasis on the various approaches in counseling ACA's.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 195A 1 Unit****Human Services: Intern Seminar I****Lecture:** 18 contact hours**Corequisite:** HUMSV 198C or HUMSV 198D or HUMSV 198E or HUMSV 198F

This course provides an introduction and the identification of applied strategies for crisis intervention, case analysis, and therapeutic interventions, and serves as a lecture-based foundation for student field work. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z)

**Associate Degree Applicable****Transfers to CSU only****HUMSV 195B 1 Unit****Human Services: Intern Seminar II****Lecture:** 18 contact hours**Corequisite:** HUMSV 198C or HUMSV 198D or HUMSV 198E or HUMSV 198F

This course provides an evaluation and application of applied strategies for crisis intervention, case analysis, and therapeutic interventions, and serves as a lecture-based foundation for student field work. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).

**Associate Degree Applicable****Transfers to CSU only**

**HUMSV 198C 2 Units****Human Services Field Work I****WRKEX:** 180 contact hours**Prerequisite:** HUMSV 170 and HUMSV 172 and HUMSV 173 and HUMSV 179**Corequisite:** HUMSV 195A or HUMSV 195B

This course provides supervised field work in the area of Human Services and beginning helping skills at specific agencies. Students work in their assigned agencies a minimum of 10 hours per week.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 198D 2 Units****Human Services Field Work II****WRKEX:** 180 contact hours**Prerequisite:** HUMSV 198C**Corequisite:** HUMSV 195A or HUMSV 195B

This course provides supervised field work in the area of Human Services at specific agencies. Students work in their assigned agencies a minimum of 10 hours per week.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 198E 2 Units****Career Specialist Field Work****WRKEX:** 180 contact hours**Prerequisite:** HUMSV 170 and HUMSV 172 and HUMSV 173 and HUMSV 147**Corequisite:** HUMSV 195A or HUMSV 195B

This course provides supervised field work in the area of career specialist at specific agencies. Students work in their assigned agencies a minimum of 10 hours per week.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 198F 2 Units****Case Management Field Work****WRKEX:** 180 contact hours**Prerequisite:** HUMSV 140 and HUMSV 167 and HUMSV 170 or HUMSV 173**Advisory:** HUMSV 195A or HUMSV 195B

Supervised field work in the area of case management at specific agencies is provided to students. Students work in their assigned agencies a minimum of 10 hours per week.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 205 2 Units****Aids: Practices, Processes and Policy****Lecture:** 36 contact hours

An overview of Acquired Immune Deficiency Syndrome (AIDS) including its diagnosis, transmission, and prevention; the psychosocial and economic impact of the disease on patients and their families and friends; society's response to the disease; and effective approaches to assist individuals coping with AIDS.

**Associate Degree Applicable****Transfers to CSU only****HUMSV 230 1 Unit****Addiction Studies: Internship Seminar I****Lecture:** 18 contact hours**Corequisite:** HUMSV 232

This course is an introduction to the duties and work objectives of counselors in addiction studies and related fields. Basic skills are developed through discussion and demonstration. This course serves as a lecture-based support for students in fieldwork. (Formerly HUMSV 197A)

**Associate Degree Applicable****Transfers to CSU only****HUMSV 231 1 Unit****Addiction Studies: Internship Seminar II****Lecture:** 18 contact hours**Corequisite:** HUMSV 233

This course reviews job skills such as case management, assessment, and counseling. These skills are monitored and enhanced through class discussion and demonstration in this lecture-based foundation to the student field work. (Formerly HUMSV 197B)

**Associate Degree Applicable****Transfers to CSU only****HUMSV 232 2 Units****Addiction Studies: Field Work I****Lecture:** 36 contact hours**Corequisite:** HUMSV 230

This course provides supervised field work in the areas of orientation, screening, goal setting and evaluation, and the beginning techniques of alcohol and drug counseling at specific agencies. Students work in their assigned agencies a minimum of 10 hours per week. (Formerly HUMSV 198A)

**Associate Degree Applicable****Transfers to CSU only****HUMSV 233 2 Units****Addiction Studies: Field Work II****Lecture:** 36 contact hours**Corequisite:** HUMSV 231

This course provides supervised field work in the areas of on the job skills such as treatment planning, intake and assessment and facilitation of groups in the field of alcohol and drug counseling at specific agencies. Students work in their assigned agencies a minimum of 10 hours per week. (Formerly 198B)

**Associate Degree Applicable****Transfers to CSU only****HUMSV 281AXZ 1-3 Units****Selected Studies in Alcohol/Drug****Lecture:** 18 contact hours

This experimental course explores addictions in the areas of Human Services, Alcohol/Drug Counseling, Mental Health, Human Development, and Corrections. Suggested subjects include codependency, driving under the influence, co-occurring disorders, tobacco addiction, and assessment instruments, etc.

**Associate Degree Applicable****Transfers to CSU only**