

# CHILD DEVELOPMENT (CD) COURSES

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## CD 061 3 Units

### Activities for School-Age Children

**Lecture:** 54 contact hours

**Advisory:** READ 100

This course is a survey of programs and activity planning for school-age children, including both before-and after-school activities for groups and individuals. Inclusive and culturally responsive teaching practices in school age programs are emphasized.

**Associate Degree Applicable**

## CD 075 3 Units

### Family Child Care Practices

**Lecture:** 54 contact hours

**Advisory:** READ 100

This course is designed to meet the specific needs of the family child care provider. The emphasis is on learning licensing regulations, good business practices, age appropriate curriculum, healthy environments, positive guidance, and basic child development. Other topics include creating partnerships with parents, maintaining health and safety and working with children from diverse backgrounds including children with special needs and disabilities.

**Associate Degree Applicable**

## CD 100 3 Units

### Introduction to Child Development

**Lecture:** 54 contact hours

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course is an introduction to and overview of the field of child development, designed to familiarize students with the broad aspects of the profession, philosophies, theories and principles of caring for children in a variety of settings.

**Associate Degree Applicable**

**Transfers to CSU only**

## CD 105 3 Units

### Child Growth and Development

**Lecture:** 54 contact hours

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course examines the progression of development in the physical, cognitive, social and emotional domains and identifies developmental milestones for children from conception through adolescence. There is an emphasis on interactions between biological processes and environmental factors. Students observe children, evaluate individual differences, and analyze characteristics of development at various stages according to developmental theories.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** CDEV 100

## CD 105H 3 Units

### Child Growth and Development - Honors

**Lecture:** 54 contact hours

**Prerequisite:** ENGL 101 or ENGL 101H

This course examines the progression of development in the physical, cognitive, social and emotional domains and identifies developmental milestones for children from conception through adolescence. There is an emphasis on interactions between biological processes and environmental factors. Students observe children, evaluate individual differences, and analyze characteristics of development at various stages according to developmental theories. This course is intended for students in the Honors Program but is open to all students who desire more challenging course work.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

**C-ID:** CDEV 100

## CD 108 3 Units

### Early Childhood Development

**Lecture:** 54 contact hours

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course covers the development of children from two years to eight years old. Specifically, this course explores prominent theories related to early childhood development, typical and atypical development of children from two to eight years, contextual influences, and methods of studying the development of young children.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

## CD 109 3 Units

### Childhood Stress and Trauma

**Lecture:** 54 contact hours

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course provides a comprehensive overview of theories, concepts and issues related to childhood stress and trauma. Emphasis is on the short-term and long-term effects that stress and trauma have on the physical, cognitive, language, social and emotional stages of a child's development. Students are introduced to child behavior patterns and potential responses to stress and trauma. Students examine research and innovative methods that support a child's coping skills and healing process. This course is designed to help early childhood practitioners and parents understand how children react and adapt to stress and trauma and to learn strategies to support and care for children.

**Associate Degree Applicable**

**Transfers to both UC/CSU**

## CD 111 3 Units

### Observation and Assessment in Child Development

**Lecture:** 54 contact hours

**Prerequisite/Corequisite:** CD 105 or CD 105H

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course covers the appropriate use of a variety of assessment and observation strategies to document young children's development and learning. The use of findings to inform and plan learning environments and experiences are emphasized. Recording strategies, rating systems, portfolios, and multiple assessment tools are discussed, along with respectful strategies for collaboration with diverse families and professionals. This course requires a minimum of 15 hours observing children.

**Associate Degree Applicable**

**Transfers to CSU only**

**C-ID:** ECE 200

**CD 113 3 Units****Principles and Practices of Teaching Young Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course examines the historical and theoretical perspectives of developmentally appropriate practices in early care and education for children from birth through age eight. Typical roles and expectations of early childhood educators are explored. Professional ethics, career pathways and professional standards are identified. Students learn best practices for developmentally and culturally appropriate learning environments, curriculum, and effective pedagogy for young children, including how play contributes to children's learning, growth and development.

**Associate Degree Applicable****Transfers to CSU only****C-ID:** ECE 120**CD 114 3 Units****Introduction to Curriculum****Lecture:** 54 contact hours**Prerequisite:** CD 105 or CD 105H**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course presents an overview of developmentally appropriate curriculum and environments for children from birth through eight. Students use knowledge of children's development, theories of learning and development, culturally respectful practices and examples from various models of developmentally appropriate practice, to plan environments and curriculum in all content areas to support children's development and learning integrated throughout the indoor and outdoor settings.

**Associate Degree Applicable****Transfers to CSU only****C-ID:** ECE 130**CD 115 3 Units****Health, Safety and Nutrition****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course covers an introduction to the laws, regulations, standards, policies, procedures and best practices related to health, safety, and nutrition in care and education settings for children from birth through middle childhood. Content in this course includes the teacher's role in prevention strategies, nutrition and meal planning, integrating health, safety and nutrition experiences into daily routines, and overall risk management. Respectful culturally responsive collaboration with families, staff and health professionals is included.

**Associate Degree Applicable****Transfers to CSU only****C-ID:** ECE 220**CD 126 3 Units****Child, Family, and the Community****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course examines the processes of socialization, focusing on the interrelationships of family, school, and community. Multiple societal contexts are examined. The course explores the role of the collaboration between family, community and schools in supporting children's development, from birth through adolescence.

**Associate Degree Applicable****Transfers to both UC/CSU****C-ID:** CDEV 110**CD 127 3 Units****Guidance of Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course presents a developmental approach to the guidance and discipline of children. Effective guidance theories and methods are presented for teachers and professionals working with children, including children with special needs. Effective communication methods for early childhood educators working with children and their parents will be emphasized.

**Associate Degree Applicable****Transfers to CSU only****CD 130 3 Units****Creative Music and Movement for Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course explores the importance of music and movement in the development of children ages two through eight. Because children's physical and motor maturation influences all other aspects of development this course focuses on planning for motor skill progression through creative and teacher-guided movement. There is equal emphasis on developmentally appropriate musical activities and on rhythmic experiences with musical instruments and creative props.

**Associate Degree Applicable****Transfers to CSU only****CD 133 3 Units****Creative Science and Math Activities for Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course focuses on planning and implementing creative and developmentally appropriate science and math activities for young children. Content includes: life science, physical science, and earth science; creation of scientific environment in the classroom; scientific concepts and the science process skills (observing, comparing, measuring, classifying and predicting); the basic math concepts (classifying, ordering, seriation, patterning, number sense, simple reasoning and counting); and how to create a math environment.

**Associate Degree Applicable****Transfers to CSU only****CD 134 3 Units****Language, Listening and Literature for Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course emphasizes the process of language acquisition in children and techniques and experiences which promote language development and listening skills. It includes the examination of children's literature; teaching strategies for reading picture books to children; presenting poetry; flannel board activities; puppetry and storytelling in the classroom for children ages two through eight.

**Associate Degree Applicable****Transfers to CSU only**

**CD 136 3 Units****Creative Art Experiences for Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course focuses on establishing an environment for young children that cultivates and nourishes creativity and their aesthetic sense. It includes the principles of creative development; instructional strategies; materials, tools and equipment in an art program; and developmentally appropriate activities and experiences which underscore the emotional, social, physical, and cognitive needs of children from two through eight years of age.

**Associate Degree Applicable****Transfers to CSU only****CD 137 3 Units****Play and Materials for Children****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course introduces the theories and pedagogies of play and inquiry based learning and development. A focus of the course is on how play, inquiry, pedagogy, assessment and planning are purposefully and holistically integrated across a range of learning contexts. Child centered approaches are examined with a focus on using environments and resources to plan and support learning and development.

**Associate Degree Applicable****Transfers to CSU only****CD 138 3 Units****Teaching in a Diverse Society****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course is an examination of the historical and current perspectives on diversity and inclusion and the impact of systemic societal influences on children's development, learning and school experiences. Strategies for developmentally, culturally and linguistically appropriate anti-bias curriculum are explored, as well as approaches to promote inclusive and anti-racist classroom communities. The course includes self-reflection on the influence of a teacher's own culture and life experiences on teaching and interactions with children and families.

**Associate Degree Applicable****Transfers to both UC/CSU****C-ID:** ECE 230**CD 160 3 Units****Middle Childhood Development****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

In this course students examine the processes of child development during the middle childhood years from 6 to 12 years. This course is designed to prepare students with a thorough understanding of how school-age children change as they develop and to also give students an appreciation for the diverse sources of influence on development. This course includes the study of developmental theories and the practical implications of those theories. Students will be introduced to broad substantive areas related to learning and teaching. (Formerly CD 060)

**Associate Degree Applicable****Transfers to both UC/CSU****CD 185 3 Units****Infant/Toddler Growth and Development****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course explores the physical, social-emotional, cognitive, and language development of children from birth to age three. It fulfills the California licensing requirements for infant center personnel and includes infant/toddler interactions and curriculum.

**Associate Degree Applicable****Transfers to CSU only****CD 186 3 Units****Infant and Toddler Curriculum****Lecture:** 54 contact hours**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course is a survey of program and curriculum planning for infants and toddlers child care and education settings, including early intervention and inclusive programs, emphasizing curriculum and principles and practices of quality care and developmentally appropriate practices specific to infants, toddlers and two-year-old children, birth to three years.

**Associate Degree Applicable****Transfers to CSU only****CD 205 4 Units****Child Development Practicum / Field Experience****Lecture:** 36 contact hours**Lab:** 108 contact hours**Prerequisite:** CD 105 or CD 105H and CD 113 and CD 114 and CD 126**Advisory:** ENGL 101 or ENGL 101H or READ 100

Students learn teaching skills through the demonstration of developmentally appropriate early childhood program planning and teaching competencies under the supervision of ECE/CD faculty and other qualified early education professionals. Students utilize practical classroom experiences to make connections between theory and practice, develop professional behaviors, and build a comprehensive understanding of children and families. Reflective practice will be emphasized as student teachers design, implement, and evaluate approaches, strategies, and techniques that promote development and learning. This course also includes exploration of career pathways, professional development, and teacher responsibilities.

**Associate Degree Applicable****Transfers to CSU only****C-ID:** ECE 210**CD 215 4 Units****Early Intervention and Inclusion Internship****Lecture:** 36 contact hours**Lab:** 108 contact hours**Prerequisite:** CD 105 or CD 105H and CD 244**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course provides a supervised internship as an assistant in an early intervention or inclusion setting with children from birth through eight years. It explores the unique development and guidance of infants, toddlers and young children with disabilities and other special needs. Adaptation of curriculum, natural environments, identification and assessment are discussed.

**Associate Degree Applicable****Transfers to CSU only**

**CD 244 3 Units**

**Children with Special Needs**

**Lecture:** 54 contact hours

**Prerequisite:** CD 105 or CD 105H

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course introduces the physical, social, emotional and intellectual characteristics of children with disabilities and other special needs. It covers teaching strategies that are sensitive to children with special needs and their families, as well as the legal requirements of educating children with disabilities or other special needs.

**Associate Degree Applicable**

**Transfers to CSU only**

**CD 245 3 Units**

**Early Intervention and Inclusion**

**Lecture:** 54 contact hours

**Prerequisite:** CD 105 or CD 105H and CD 244

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course focuses on theories, research and practical teaching strategies in early intervention and inclusion and early childhood special education. Students learn intervention techniques and strategies to work with children with disabilities and other special needs.

**Associate Degree Applicable**

**Transfers to CSU only**

**CD 270 3 Units**

**Adult Supervision and Mentoring in Early Care and Education**

**Lecture:** 54 contact hours

**Prerequisite:** CD 105 or CD 105H

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course presents methods and principles for supervising student teachers, volunteers, staff, and other adults in early care and education settings. The roles and development of early childhood professionals as mentors and leaders is emphasized.

**Associate Degree Applicable**

**Transfers to CSU only**

**CD 271 3 Units**

**Administration I: Programs in Early Childhood Education**

**Lecture:** 54 contact hours

**Prerequisite:** CD 105 or CD 105H and CD 126

**Advisory:** ENGL 101 or ENGL 101H or READ 100

This course is an introduction to the administration of early childhood programs. It covers program types, budget, management, regulations, laws, development and implementation of policies and procedures. This course also examines the administrative tools, philosophies, and techniques needed to organize, open, and operate an early care and education program.

**Associate Degree Applicable**

**Transfers to CSU only**

**CD 272 3 Units**

**Administration II: Personnel and Leadership in Early Childhood Education**

**Lecture:** 54 contact hours

**Prerequisite:** CD 105 or CD 105H and CD 126

**Advisory:** CD 271 and ENGL 101 or ENGL 101H or READ 100

This course provides effective strategies for personnel management and leadership in early care and education settings. It includes legal and ethical responsibilities, supervision techniques, professional development, and reflective practices for a diverse and inclusive early care and education program.

**Associate Degree Applicable**

**Transfers to CSU only**

**CD 601 Noncredit**

**Parent-Child Interaction**

**Lecture:** 54 contact hours

This noncredit course includes general concepts, goals and strategies of parenting through the life span in varying life circumstances and diverse family types. Establishing and maintaining close emotional relationships through bonding, attachment, and effective communication techniques with children at all developmental stages is emphasized. Effective guidance skills, shaping and modifying children's behavior are explored. (Formerly CD 101)